

# Make Your Mark with Pen & Watercolor:

## AN ART & MINDFULNESS WORKSHOP

FOR TEENS



Tuesday, January 30th

6:00 pm – 7:30 pm

Saturday, February 3rd

2:00 pm – 3:30 pm

Artist and instructor Kathy Perz leads this ink and watercolor class with a focus on stress relief through process-based art.



Experiment with simple patterned and non-patterned marks on paper. Celebrate and display your efforts by creating an artful modern-day fidget called an infinity card. There will be time for reflection of the process and work. All abilities welcome. All supplies included. Ages 12-18.



**This class is offered twice and advanced sign-up is required; please sign-up for only one session.**